

Let's talk about
RACE

SHOW
RACISM
THE
RED
CARD



Carlisle Infant
School



Let's talk about RACE

Aims for this workshop:

- how we are beginning to have conversations about race and racism at Carlisle Infant School
- the language and terminology that can be used in such conversations
- resources, books and websites that may help families in having these discussions
- behaviours and messages that can help your child to not only be non-racist but actively anti-racist

The first
lady of
civil
rights.



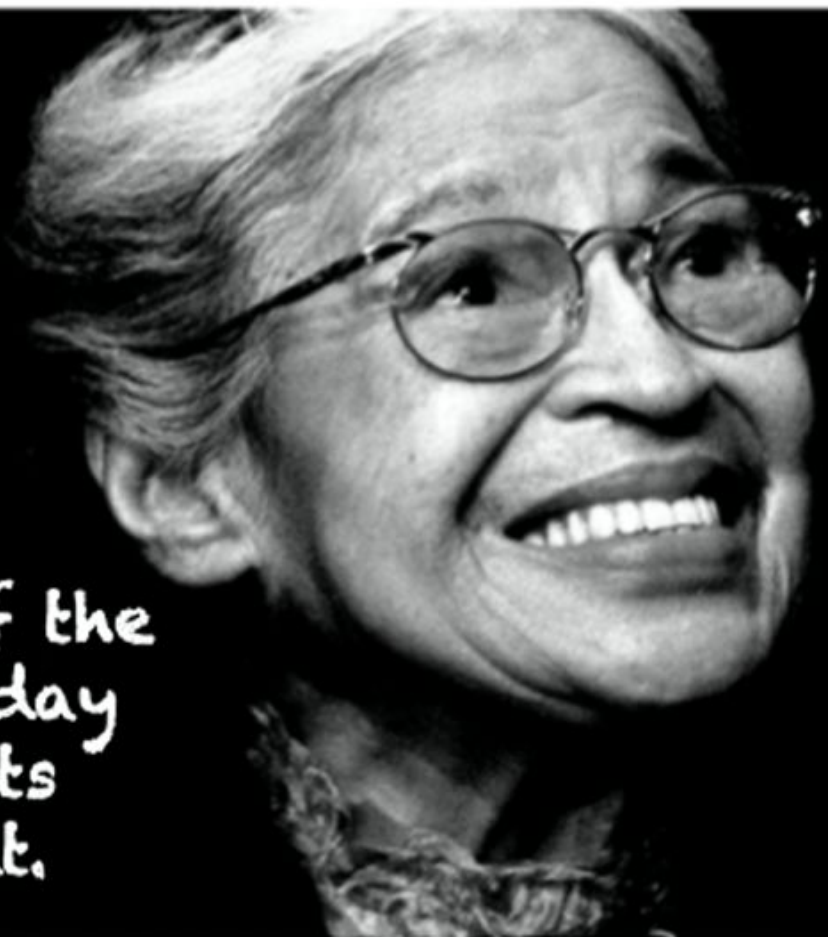
Montgomery
Bus Boycott,
1955



Rosa Parks,
1913 - 2005

Courage, dignity, determination.

Mother of the
modern-day
civil rights
movement.



How young?

3 months

babies look more at faces that match the race of their caregivers

2.5 years

children begin to use race as a factor in deciding who to play with

4-5 years old

expressions of racial prejudice peak - black children don't show any preference to their own racial group, but white children do

5-7 years

children have already learned to associate some groups with higher status than others - they show many of the same racial attitudes that adults do

"... explicit conversations with 5-7 year olds about interracial friendships can dramatically improve their racial attitudes"



Being anti-racist at home:

As adults - learning about all forms of racism:	<ul style="list-style-type: none">● Books, instagram, podcasts (recommendations to follow!)
As family - talking about race:	<ul style="list-style-type: none">● Having conversations!
Seeking positive representation:	<ul style="list-style-type: none">● Diversity of books, toys, films, TV programs, skin colour pencils● Positive role models
Interacting with the resources:	<ul style="list-style-type: none">● Talking about difference (and similarity!)● Notice the narratives
Raising allies:	<ul style="list-style-type: none">● Teach melanin, stereotypes, kindness, fairness
Talking to schools:	<ul style="list-style-type: none">● Keep the dialogue going

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***Time to start getting
comfortable with
the uncomfortable!***



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As outlined in one of our school priorities this year, we aim to:

develop an understanding and respect of diverse race within our school community



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racism

With the children we define this as

treating people differently, and unfairly, because of their skin colour, where they come from or their family traditions.



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micro-aggressions

privilege

mixed race

representation

unconscious
bias

colourism

people of colour

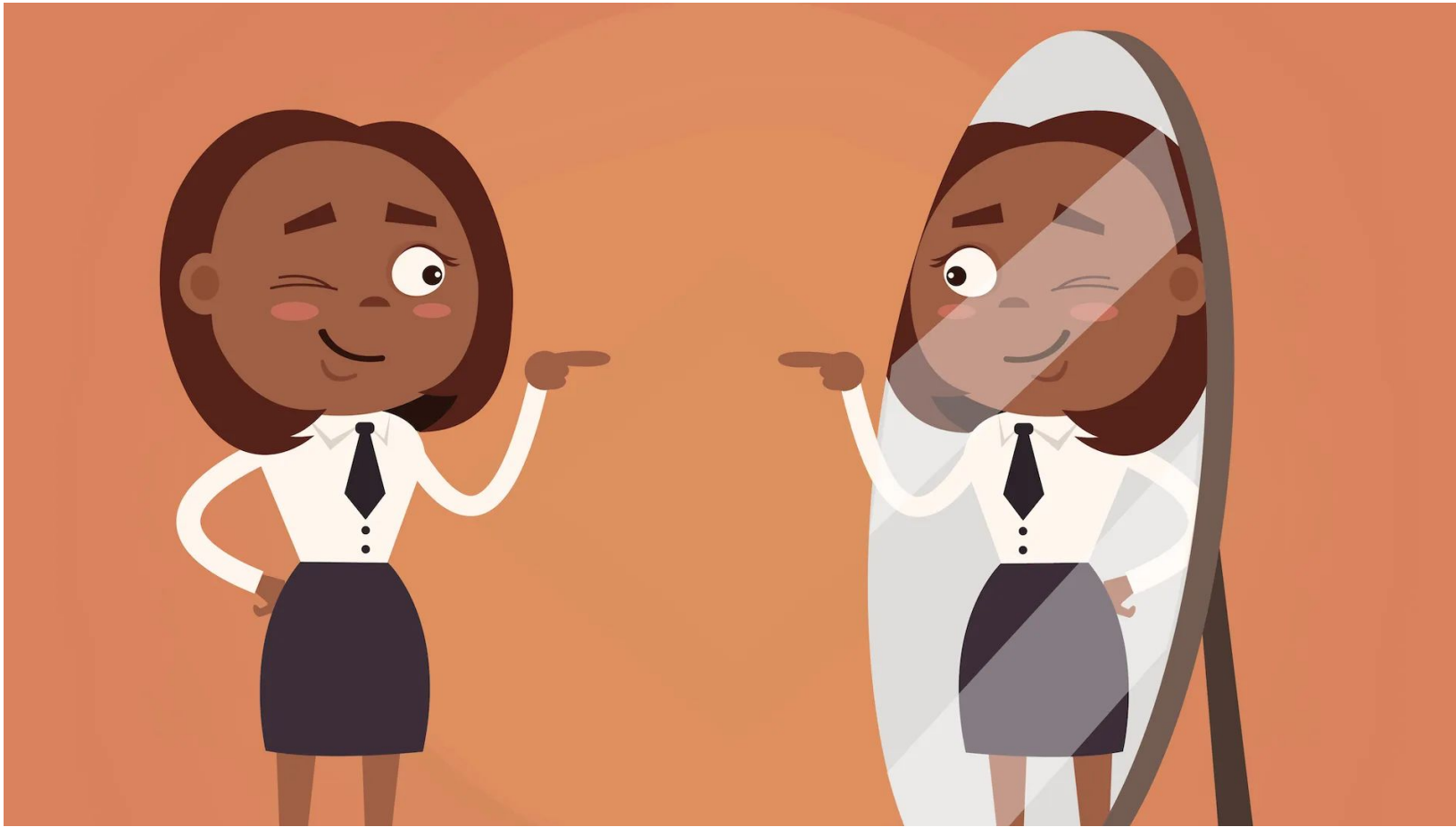


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black

brown

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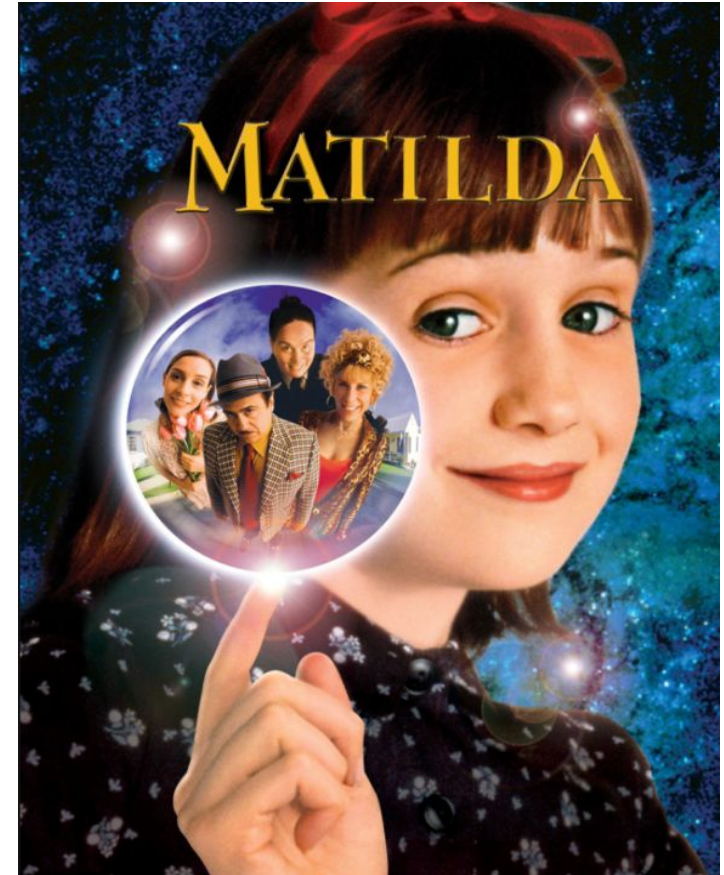
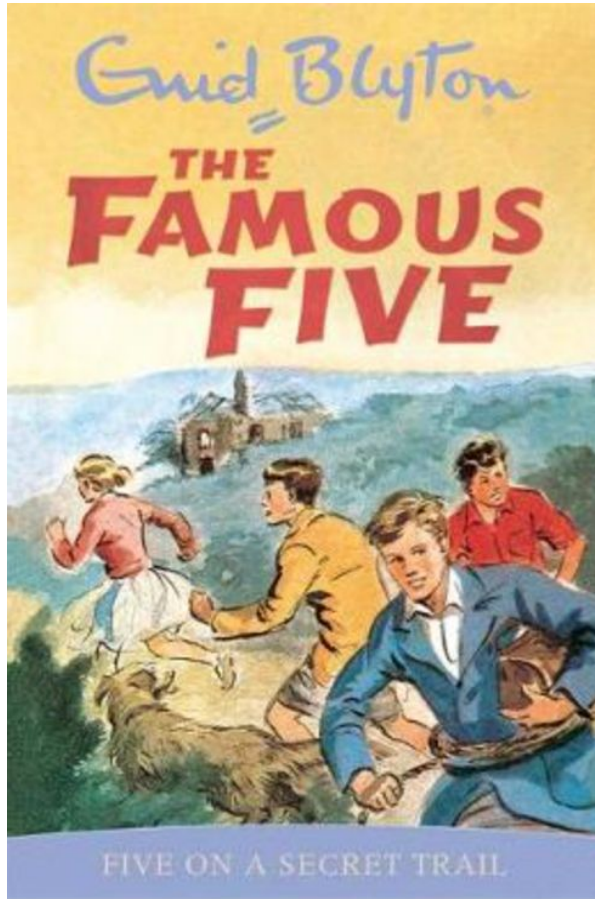


Our job is to build up our pupils' **positive self images** alongside all pupils' positive views of **diversity** before they have too many discussions about those who have experienced racism and oppression (at this stage).



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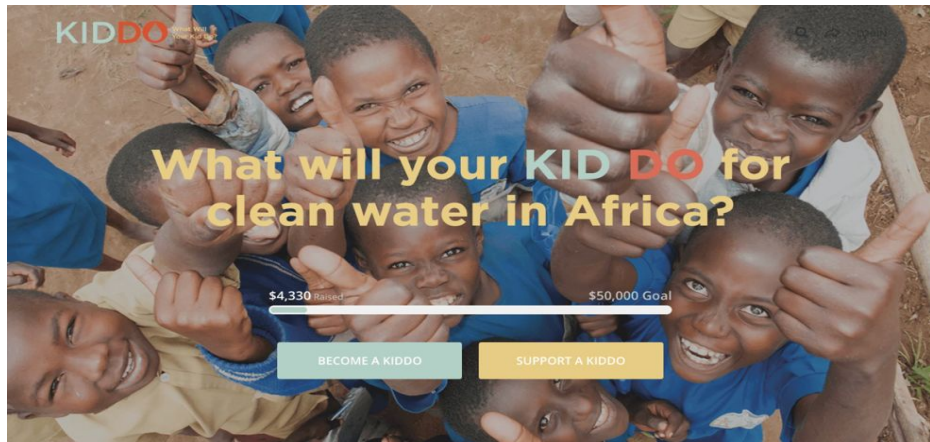
So...

Children's first views of happy, heroic and successful individuals aren't all light skinned and...



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KIDDO

What will your KID DO for clean water in Africa?

\$4,330 Raised | \$50,000 Goal

BECOME A KIDDO | SUPPORT A KIDDO



KIDDO AND

What Will Your Kid Do?



Invest In Their Future.
Safe Water Changes Everything.

\$129,521 Raised | \$100,000 Goal

BECOME A FUNDRAISER | DONATE NOW

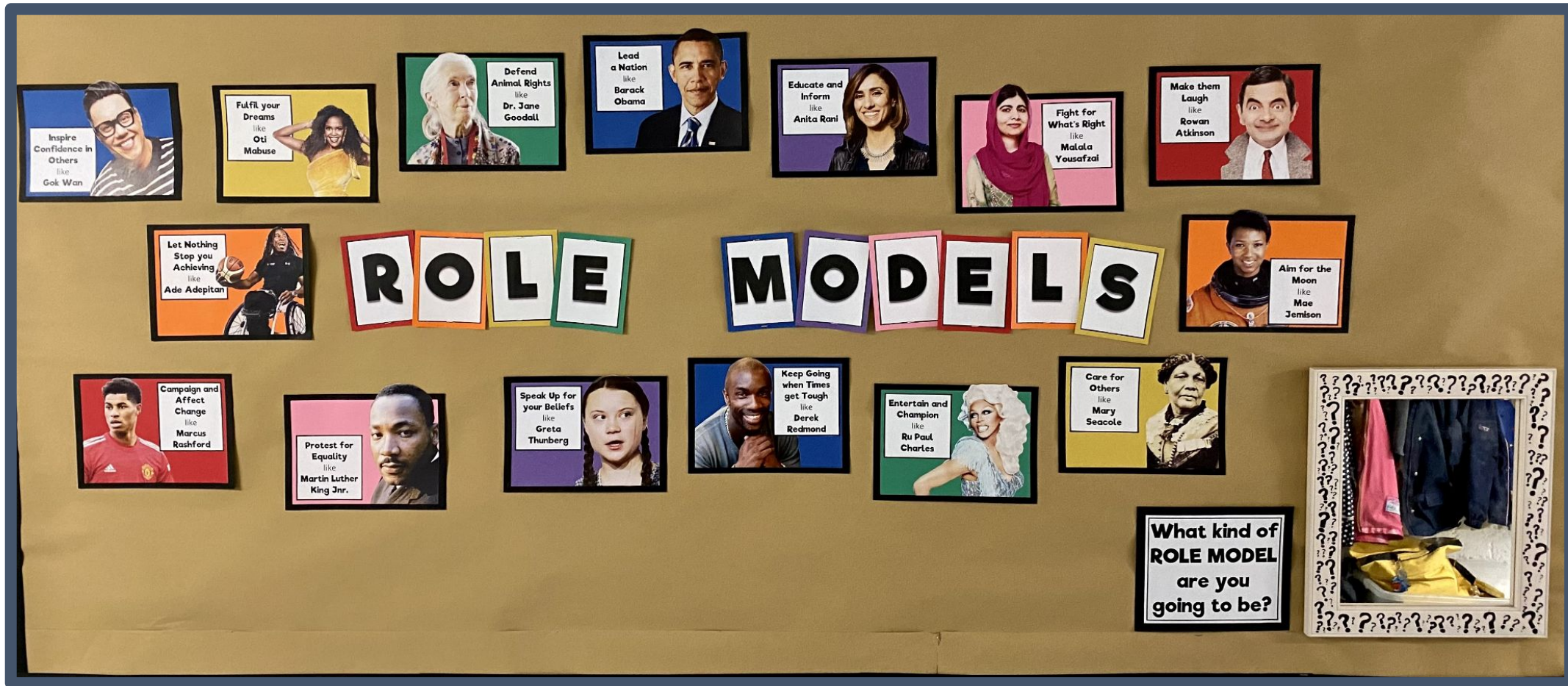


Donate here to feed our children!!



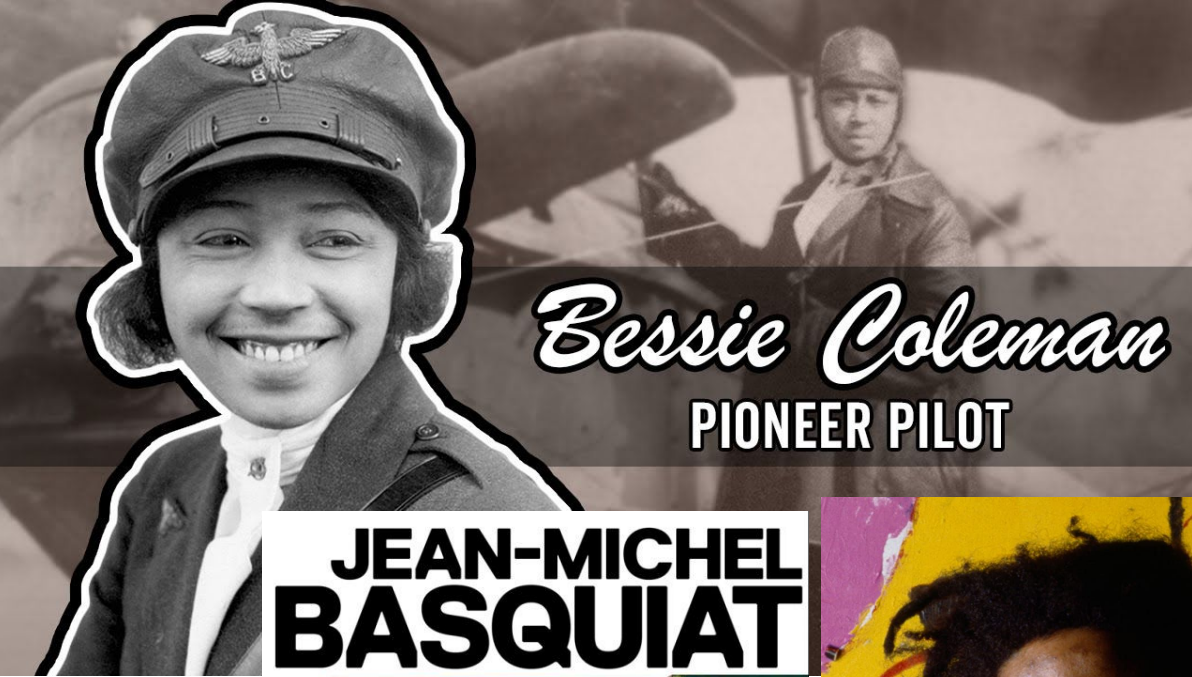
...children's first views those who are less fortunate, requiring support and disadvantaged aren't all darker skinned.

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Name _____

My worry is about...

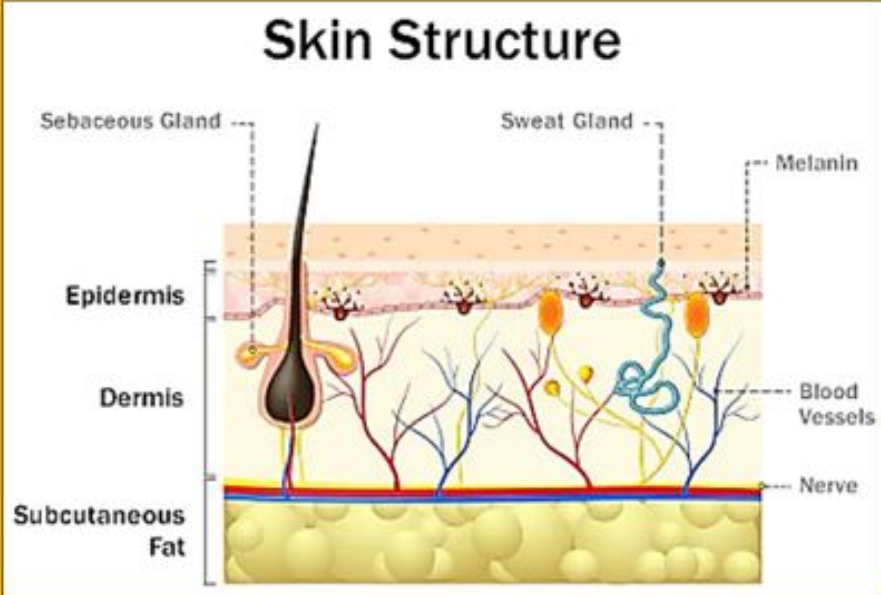
 friends	 home
 learning	 race
 Something I heard	 Something else



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Melanin

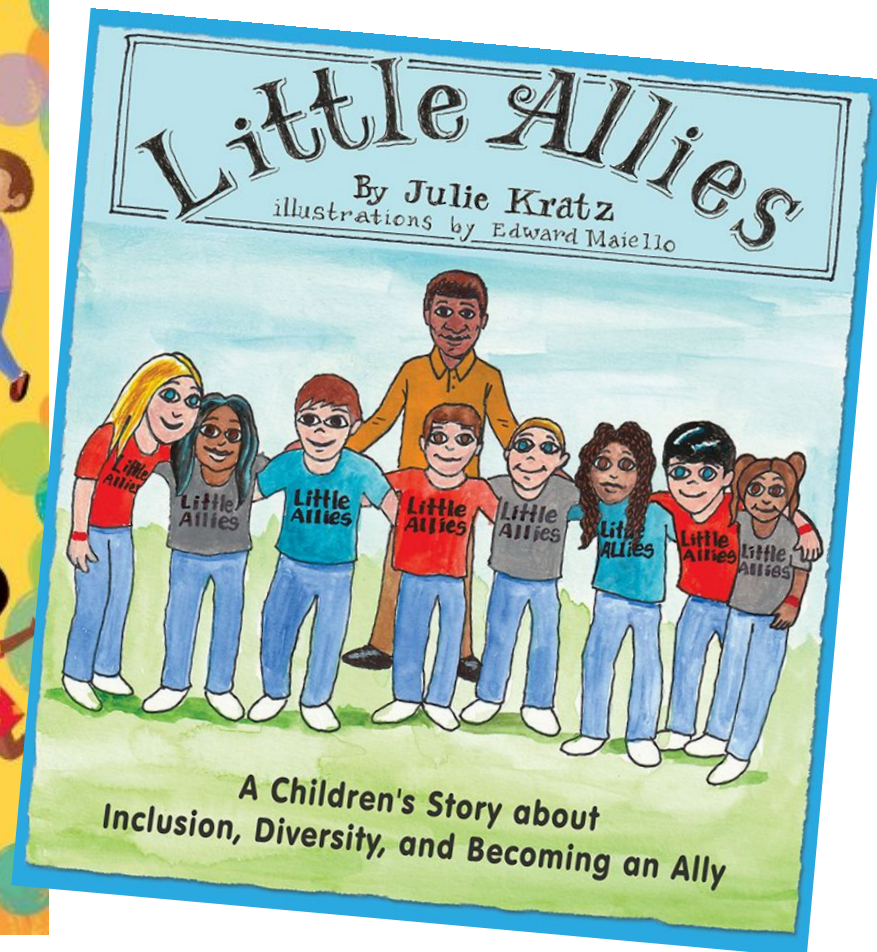
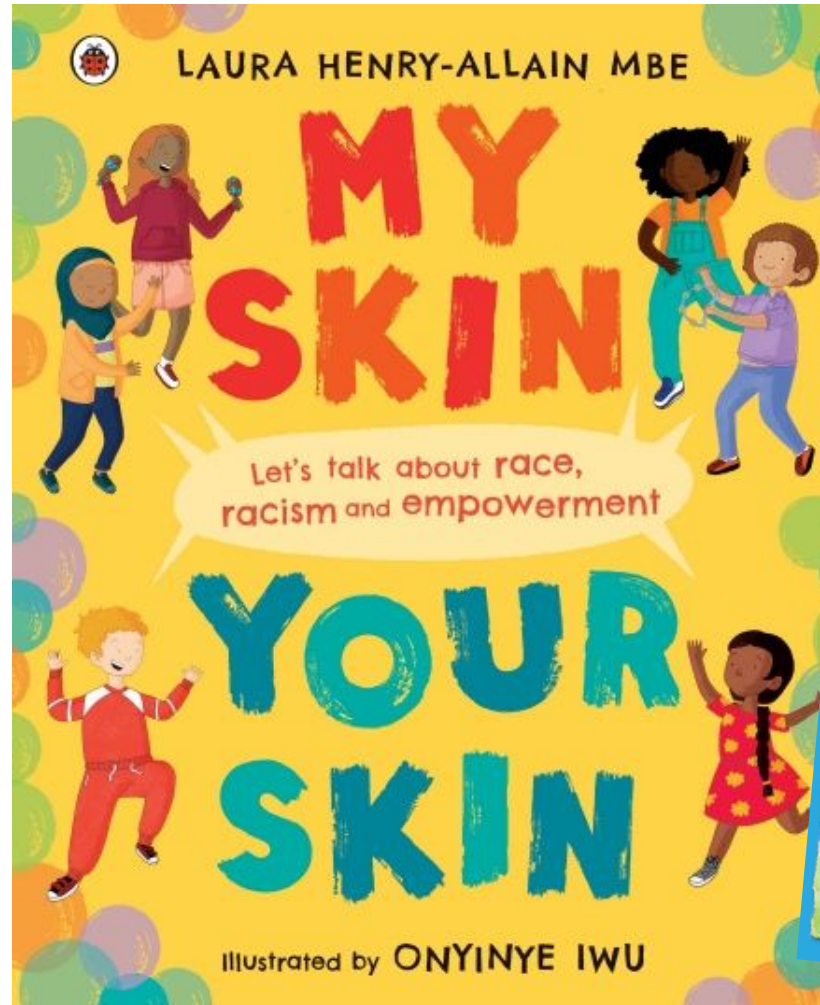


Melanocytes are special cells that produce melanin



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<https://www.sesameworkshop.org/what-we-do/racial-justice>



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<https://www.booktrust.org.uk/booklists/bookstart/multicultural/>

The screenshot shows a web browser window with the BookTrust website. The page title is 'Multicultural' and it features a navigation menu with options like 'Home', 'What we do', 'Books and reading', 'News and features', 'About us', 'Support us', and a 'Donate' button. A breadcrumb trail reads 'Home / Booklists / Bookstart / Multicultural'. The main content area is titled 'Multicultural' and includes a 'Print page' icon. Below the title, there is a book cover for 'Making Friends!' by Julia Lurie, featuring a polar bear and two children. To the right of the book cover, a text block states: 'It is essential that books reflect the world around us. These books are perfect for toddlers and young children to see modern Britain reflected back at them.' Below this, there are partial titles for other books: 'The Giant Turnip', 'Lulu Loves the Library' by Anna McQuinn, and 'Lulu Loud and Clear'.



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Follow on INSTAGRAM



EVERYDAY
RACISM



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@everydayracism_

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Talking to
your child
about
RACISM

Being silent cannot be an option.

It's OK not to have all the answers.

There are no others, just other people.

You are the example your child follows.



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Suggested websites/resources:

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/children-race-racism-racial-bullying/>

<https://www.unicef.org/parenting/talking-to-your-kids-about-racism>

<https://www.sesameworkshop.org/what-we-do/racial-justice>

<https://www.penguin.co.uk/books/443/443570/my-skin--your-skin/9780241512739.html>

<https://thelittleallies.com/>

<https://www.amazon.co.uk/CRAYOLA-Colours-World-Multicultural-Colouring/dp/B091FQXHQN>



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