



# Carlisle Infant School

## 2020-21 P.E. and Sports Premium Improvement plan

For 2020-21 the Sport Funding Premium will be £18,281. Outlined below is our planned spending for the year ahead.

Our focus for this year is to continue to develop the curriculum to ensure progression of skills and challenge for all.

In addition, we want to increase the amount of regular physical activity that all pupils are participating in with a focus on developing the daily mile with all year groups.

All activities will be evaluated for impact at the end of each year.

| Carlisle Infant School  | No. of pupils 270 | Sport Premium Funds  |                      |          |  |   |
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| <p><b>Big Objectives:</b> Increase participation and engagement of all pupils in high quality physical education.</p> <p>Ensure progress of skills and challenge for all in all year groups.</p>  |                   | <p><b>Total for this <i>financial</i> year</b></p> <p><b>April 2020 – March 2021</b></p> | <p><b>£17752</b></p> |          |  |   |
| <p><b>5 Key Outcomes</b></p> <p>1.The engagement of all pupils in regular physical activity (<b>Sport opportunities at playtime, re-launch of daily mile, balanceability-YR and Y1, regular dance workshops, scooter training-Y2</b>)</p> <p>2.Increased confidence, knowledge and skills of all staff in teaching P.E and sport to improve teaching and learning this year and for the future (<b>INSET sessions, lesson support, CPD, GetsetforPE, TeamMates</b>)</p> <p>3.The profile of PE and sport being raised across the school and all skills are being taught and progress is evident (<b>P.E kit on P.E days, specialist coaching, increased sports opportunities, a detailed scheme of work that is progressive</b>)</p> <p>4.To develop an approach to effective mental health and wellbeing for all children (<b>cosmic yoga, mindfulness, focus on mental health</b>)</p> <p>5. To update sports equipment regularly ensuring equipment is safe to use and complies with current hygiene restrictions</p> <p><b>RAG rating key</b></p> <table border="1" data-bbox="150 1273 869 1313"> <tr> <td style="background-color: red; color: white;">Emerging</td> <td style="background-color: orange;">Established</td> <td style="background-color: green; color: white;">Embedded</td> </tr> </table> |                   | Emerging   | Established          | Embedded | <p>Total spend planned for this <i>academic</i> year</p> <p>September 2020 – July 2021</p> | <p><b>Budgeted Spend - £10,478.15</b></p> <p><b>Actual spend due to Covid £5004</b></p> |
| Emerging  | Established       | Embedded   |                      |          |  |   |

| Key Outcomes 1-5 | Success Criteria   | Key Actions  | Termly RAG | Impact  | Evidence  | Cost  | Next Steps (sustainability)  |
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| 1                | 100% all children taking part in 10 minutes Physical Activity daily. | <p>Re-launch daily mile with reward systems for children to make it more interesting.</p> <p>Use an assembly slot to re-launch it with the children and put in the newsletter for the parents.</p> <p>Provide incentives for children who make improvements</p> <p>Encourage 5 minutes of physical activity rather than '1 mile'</p> |            | <ol style="list-style-type: none"> <li>All teachers feel confident in promoting and taking part in the daily mile.</li> <li>Positive feedback from pupils in surveys.</li> <li>Increased levels of concentration seen.</li> <li>Increased level of fitness seen.</li> </ol> | <ol style="list-style-type: none"> <li>Pupil surveys</li> <li>Feedback from staff</li> <li>PPT from assemblies</li> </ol> | £100 for incentives – eg, stickers "I took part in the daily mile' or trophy to be presented in assembly 'Most improved daily mile' | <p>Daily Mile re-introduced following period of school closure.</p> <p>EYFS data shows that 86.5% children were on track to meet ELG for physical development-daily mile helped support their physical skills.</p> |
| 1                | 100% YR and 100% Y1 taking part in the Balanceability programme.     | 3 sessions (YR) and 2 sessions (Y1) in the autumn term using the bikes without pedal to develop coordination, spatial awareness, balance and pre cycling skills.   |            | <ol style="list-style-type: none"> <li>Positive feedback from pupils, parents, carers.</li> <li>Improved skill level in areas highlighted.</li> </ol>   | <ol style="list-style-type: none"> <li>Survey to parents</li> <li>PPT from YR curriculum Evening</li> </ol>               | £1200   | The Year R pupils all took part in the balance bikes. The progress seen was excellent with many of them progressing to a pedal bike.   |

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| 1 | Regular physical activity for all. | <p>Focussed dance sessions for all pupils (Spring term)</p> <p>Organise swimming lessons for Year 2 pupils (spring term)</p> <p>Organise sports coaching – Team Mates (summer term)</p> |  | <ol style="list-style-type: none"> <li>1. Every child to have a specialist dance lesson and an opportunity to perform.</li> <li>2. Developing life skills in Year 2 with swimming.</li> <li>3. Increased in class physical activity.</li> </ol> | <ol style="list-style-type: none"> <li>1. Feedback from staff following CPD</li> <li>2. Feedback from parents/carers in exit surveys</li> <li>3. Progress seen for all pupils</li> </ol> | <p>Only one workshop @ £360 £1,120 for 3x dance workshops</p> <p>Only one workshop went ahead due to Covid</p> <p>£1,722.35 for swimming lessons.</p> <p>Swimming was cancelled due to Covid</p> | <p>Dance workshop feedback was very positive from pupils and staff. All pupils motivated to take part.</p> <p>Swimming did not take place due to Covid19 restrictions and period of school closure in the spring term.</p> |
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| 2 | 100% teachers using GetSet4PE for both indoor and outdoor PE sessions | <ul style="list-style-type: none"> <li>• Access for all staff to the GetSet4PE website</li> <li>• Easy access for year groups to plan PE sessions in line with PE provision outlined by PE</li> </ul> |  | <ol style="list-style-type: none"> <li>1. All staff using GetSet4PE for all sessions</li> <li>2. PE co-ordinator / YGLs to ensure long and medium term PE planning is in line with GetSet4PE and uses their suggested lessons</li> </ol> | <ol style="list-style-type: none"> <li>1. Evidence in medium and long term planning from year groups</li> <li>2. Continuity in PE lessons observed across year groups</li> </ol> | £279 Subscription to GetSet4PE | GetSet4PE used by ZB DW KH in all year groups as to ensure children are building on prior skills and knowledge. |
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|   |   | co-ordinator / YGLs   |  |   |   |  |  |
| 2 | 100% teachers feel that they have gained confidence/ developed skills in the teaching of all aspects of PE. | <ul style="list-style-type: none"> <li>Specialist coaching for all teachers/feed back from coaches observing teachers.</li> <li>CPD session for all staff from specialist providers.</li> </ul> |  | <ol style="list-style-type: none"> <li>Improved staff confidence and teaching of outdoor games (Team Mates)</li> <li>Improved staff confidence and teaching of apparatus</li> <li>Better equipped PE resources so that these skills can be taught.</li> <li>A whole school PE curriculum map which ensures coverage and progression.</li> </ol> | <ol style="list-style-type: none"> <li>Positive feedback in evaluation of CPD</li> <li>Improved quality of provision seen in learning walks</li> </ol>          | <p><i>Team Mates to provide cost for staff INSET and follow on team teaching opportunities</i></p> <p><i>No Inset CPD or sports Day due to Covid</i></p> | <p>This training has not happened due to impact of Covid-19.</p> <p>Additional PE resources have been acquired and ensure all children have improved access to high quality equipment.</p> |
| 3 | Staff to wear Carlisle branded PE kit on PE days  | <ul style="list-style-type: none"> <li>PE kits to be provided for all staff who teach PE</li> </ul>   |  | <ol style="list-style-type: none"> <li>Increased profile of PE as a subject across the school</li> <li>All staff to feel part of a team</li> <li>Children are more aware of uniform expectations and of when PE is taking place</li> </ol>  | <ol style="list-style-type: none"> <li>Observations</li> <li>Improved continuity seen in learning walks</li> <li>Staff feedback</li> <li>Pupil voice</li> </ol> | <i>TBC Didn't go ahead</i>   | <p>This did not take place- additional resources were prioritised due to year groups not being able to share these due to Covid19.</p>   |

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| 4 | Promote positive mental health in all classes | <ul style="list-style-type: none"> <li>• Promote the use of cosmic yoga in class</li> <li>• Continue to use Jack Hartmann videos to encourage learning through movement</li> <li>• Mindfulness – resources and focus in classes</li> </ul> |  | <ol style="list-style-type: none"> <li>1. A whole school approach to mindfulness and a focus on wellbeing</li> <li>2. Increased focus in class on children’s mental health</li> <li>3. Staff to continue to provide an active and varied curriculum with regular movement breaks</li> <li>4. Continued use of the Jigsaw program for PSHE which focusses on well being</li> </ol> | <ol style="list-style-type: none"> <li>1. Observations</li> <li>2. Improved quality of provision seen in learning walks</li> <li>3. Staff feedback</li> <li>4. Pupil voice</li> </ol> | <i>No cost implications at present</i> | <p>Yoga was taught as part of PE sessions and as part of keyworker school.</p> <p>In addition, parents were signposted to yoga/other PE opportunities to promote wellbeing as part of our remote learning offer.</p> <p>Very positive feedback was given to Wake and Shake sessions by the deputy head.</p> |
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| 5 | Teachers have the resources and equipment to be able to deliver high quality PE. | <ul style="list-style-type: none"> <li>• Purchase of additional small and regularly used resources.</li> <li>• Resources purchased in line with Covid-19 restrictions</li> </ul> |  | 1. Increased levels of participation as a result of better resourcing. | 1. Learning Walk observations | <p>£2,692 for indoor resources</p> <p>£64 Sport Safe</p> <p>£245 repairs to sports equipment</p> | Indoor and outdoor PE equipment has been acquired throughout the year to ensure the curriculum can be taught well. |
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